

Life Expectancy in Henry County

July 2021

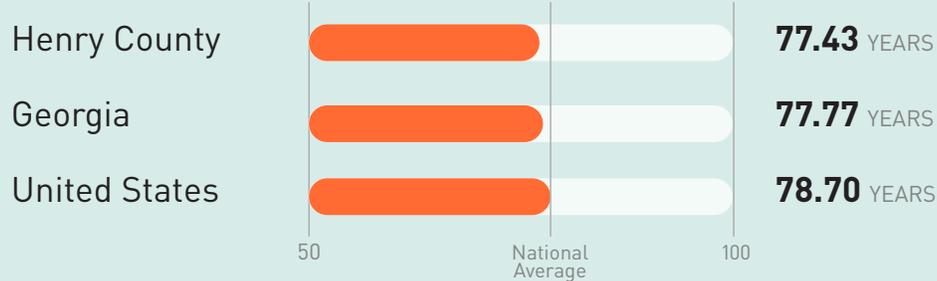
Across metro Atlanta, lifespans vary by as much as two decades or more based on geography. Life expectancy is shaped by numerous complex factors beyond an individual's control, such as access to food, sidewalks, and quality education. Many of these factors can be influenced by our work at ARC and that of our partners.

This document provides a snapshot of select social and economic characteristics that impact life expectancy and vary between the census tracts with the lowest and highest life expectancy in Henry County: Stockbridge/Cochran Park and Lake Spivey/Harbins Lake, respectively. Consideration of these factors can inform strategies that help to extend lifespans and improve quality of life.

Two neighborhoods less than one mile apart where the average resident has a life expectancy difference of almost 10 years.

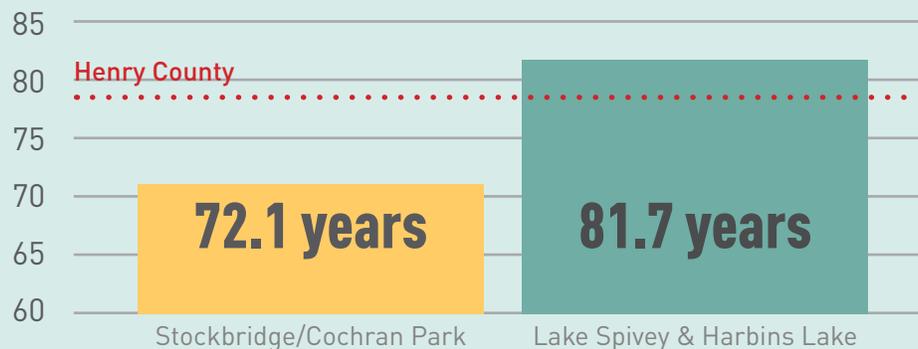


Average Life Expectancy Comparison



Data Source: Robert Wood Johnson Foundation Life Expectancy Tool, January 2020

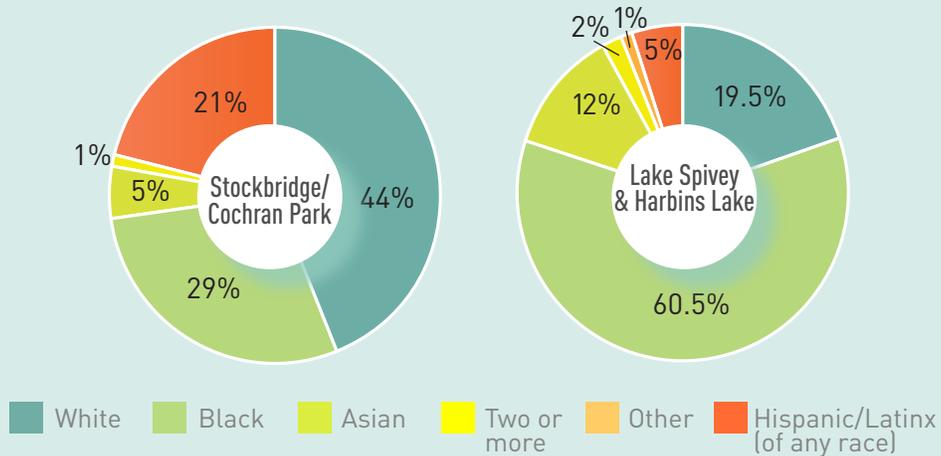
Life Expectancy in Henry County



Data Source: U.S. Small-area Life Expectancy Estimates Project, 2010-2015

Factors Affecting Life Expectancy in Henry County

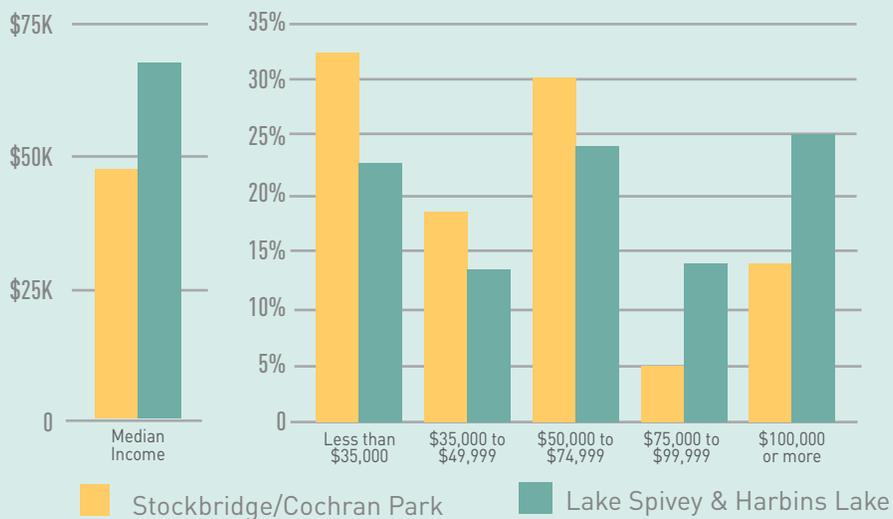
Race & Hispanic Origin



On average, studies have shown that white individuals outlive other individuals at every age and level of education. There are, however, some exceptions like these two census tracts where the census tract with a higher proportion of Black residents has a longer average life expectancy overall. However systemic racism, including its effect on socioeconomic status and access to health care, may still decrease life expectancy at the individual level.

Data Source: US Census Bureau's American Community Survey (ACS) 5-Year Estimates, 2015-2019

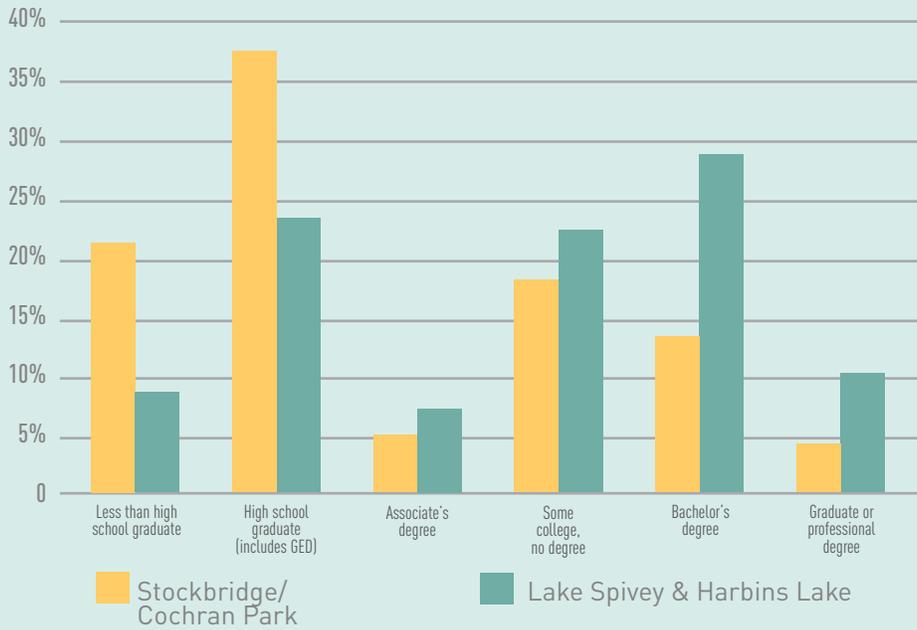
Household Income



Many studies have found income to correlate with life expectancy, as higher incomes correlate directly with things like better diets, healthier lifestyles, and access to medical care.

Data Source: US Census Bureau's American Community Survey (ACS) 5-Year Estimates, 2015-2019

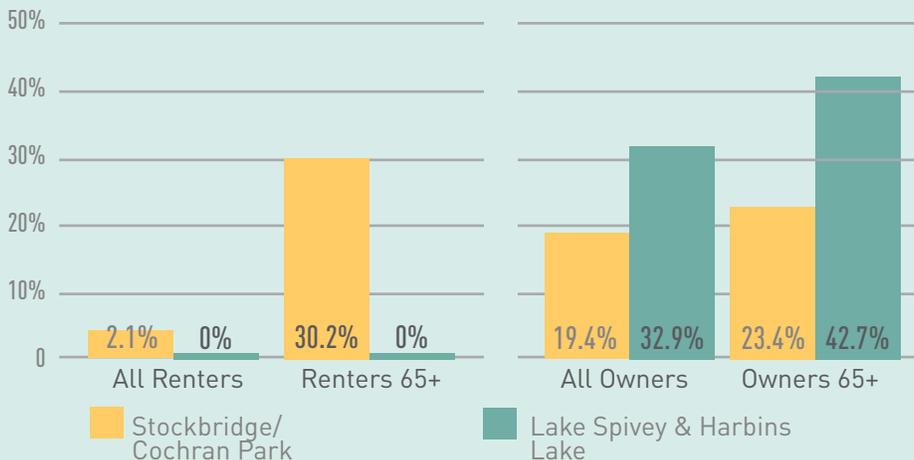
Education



Education level is found to impact longevity regardless of gender or race. Within racial and ethnic groups, life expectancy is found to vary by as much as 13 years between those with the highest and those with the lowest levels of education.

Data Source: US Census Bureau's American Community Survey (ACS) 5-Year Estimates, 2015-2019

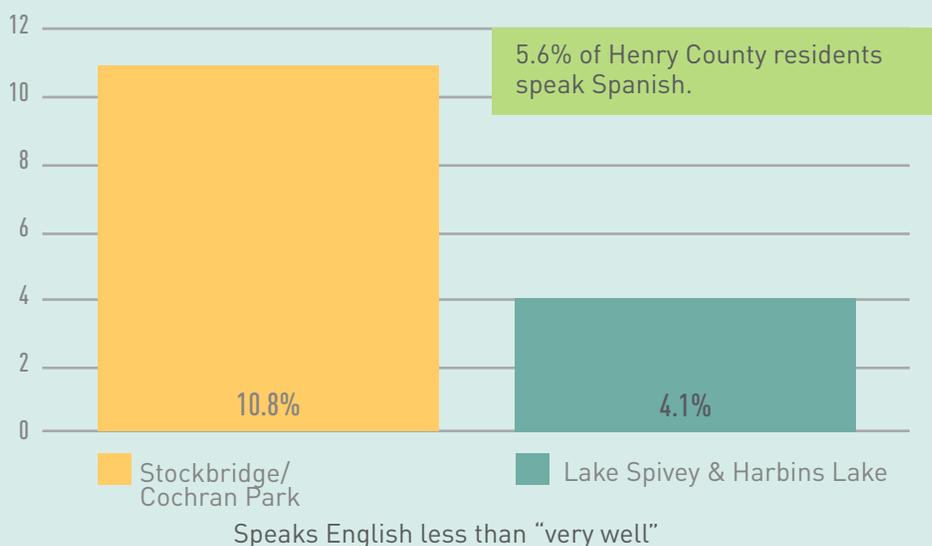
Housing Cost-Burdened Households



Housing cost-burdened households spend more than 30% of their income on housing, potentially leaving insufficient funds for necessities such as food and medicine. A greater percentage of homeowners over the age of 65 are cost-burdened than younger ones in both census tracts.

Data Source: US Census Bureau's American Community Survey (ACS) 5-Year Estimates, 2015-2019

Limited English Proficiency



People who do not speak English well often rely on informal networks and sources of information unless translated and culturally-appropriate information and services are available.

Data Source: US Census Bureau's American Community Survey (ACS) 5-Year Estimates, 2015-2019

Percent of Henry County Food Insecure

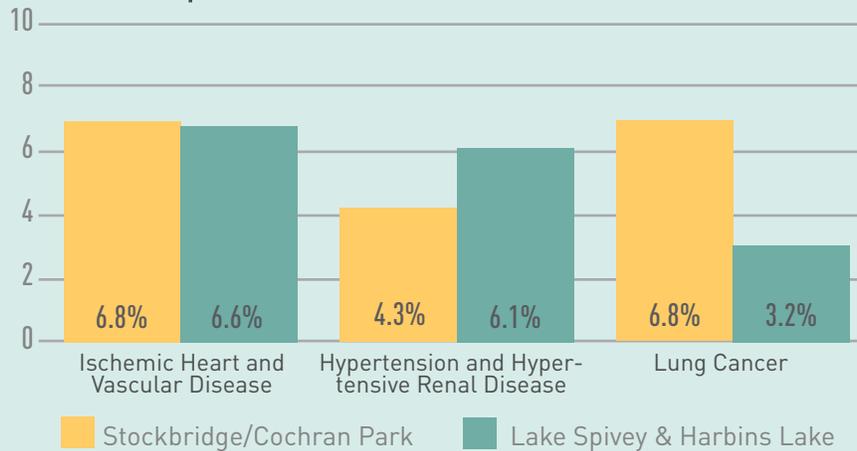


**projected rise due to COVID*

Food insecurity is limited or uncertain access to enough food. A lack of access to healthy food is linked to a greater likelihood of developing chronic conditions such as diabetes, obesity, and cardiovascular disease—which have been shown to significantly affect life expectancy.

Data Source: Feeding America, Map the Meal Gap, 2018

Top Causes of Premature Death



Premature deaths due to these causes can be prevented through interventions areas such as transportation, access to preventative care, disease management, and mental health services.

Data Source: Georgia OASIS, Mortality Mapping Tool, 2015-2019

Addressing the Problem

By working together across the region, we can address metro Atlanta's life expectancy disparities. The ingenuity and resources are here. ARC invites all interested individuals and organizations to join with us and our communities to ensure that the Atlanta region is a place where people of all ages, abilities, and incomes can live high-quality lives, regardless of location. We are focusing on:

- Place** Concentrate on locations where residents experience the most inequity
- Policy** Work with governmental, philanthropic, educational, nonprofit, and business leaders to improve or amend policies that create inequities and advance policies that promote equity
- Practice** Provide services and programs that address unmet needs



For more information, please contact info@empowerline.org